

Ken Hom S Top 100 Stir Fry Recipes By Ken Hom

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"L'autore Ken Hom is an internationally regarded authority on Chinese and Oriental cooking, and has 25 years' experience as a television chef. He began his culinary career in his uncle's Chicago restaurant at the age of eleven, before eventually moving on to teach at California's Culinary Academy. Following a spell studying gastronomy in France, Ken presented his first TV series in 1984 - Ken Hom's Chinese Cookery on the BBC. Since then, he has written over 30 cookery books and presented numerous internationally distributed television series, and has launched a massively successful range of woks and accessories, with over 7 millions woks sold in 59 countries."

With 20 brand new recipes as well as 80 favorites this revered cook covers not only asian stir fries but non asian dishes as well like stir fry spaghetti carbonara ken hom s top 100 stir fry recipes is arranged by chapters that include chicken fish and seafood beef pork and vegetarian and the

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